



July 2017

7200 Mahogany Ave.
 Fort Smith, AR 72916
 479-222-6930
www.nwachildcare.org
eholland@nwachildcare.org

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2	3 NO CLASS Happy 4th of July	4	5	6 NO CLASS	7	8
9	10 The Wonderful Resources of the Ft. Smith Library— <u>3201 Rogers Ave.</u> 6:15-7:45	11	12	13 Conscious Discipline Book Study By Dr. Becky Bailey (Part 1) 10:00-12:00	14 CPR and First Aid 8:00-12:30	15
16	17 Fostering Language Development 6:15-8:15	18	19	20 Conscious Discipline Book Study By Dr. Becky Bailey (Part 2) 10:00-12:00	21	22
23	24 Beyond Open & Closed Questions 6:15-8:15	25 Pre-Licensing Training 10:00-12:00	26	27 Conscious Discipline Book Study By Dr. Becky Bailey (Part 3) 10:00-12:00	28	29
30	31 Creating Environments to Support Literacy 6:15-8:15					

JULY
CLASS TOPICS AND DESCRIPTIONS

ALL CLASSES SUBJECT TO CHANGE
PLEASE CALL OFFICE FOR INFORMATION
(479) 222-6930.

YOU MAY REGISTER FOR CLASS ON TAPP
REGISTRY OR CALL THE OFFICE. ALL
CLASSES ARE FREE OF CHARGE.

**MONDAYS: CHILD CARE AWARE OFFICE OF RIVER
VALLEY**

July 3– NO CLASS

July 10-The Wonderful Resources of the Ft. Smith Library 6:15-7:45: Our library has so many resources for teachers. You will learn about the summer reading program, spark kits, Polaris and so much more! **CLASS WILL BE AT THE FT. SMITH MAIN LIBRARY, 3201 ROGERS AVE.**

July 17-Fostering Language Development 6:15-8:15: In this workshop, participants will gain a deeper understanding of children's language development and its relationship to their thinking. In addition, we will examine ways to promote children's language and thinking through good literature.

July 24-Beyond Open and Closed Questions 6:15-8:15: During this workshop, we will reflect on one's teaching practice, focusing on ways to extend language and encourage creative thinking as well as asking questions to support higher-level thinking.

July 31– Creating an Environment to Support Literacy 6:15-8:15: Participants will gain a deeper understanding of how to plan and set up preschool learning environments that support emergent literacy and foster active learning.

**TUESDAYS: CHILD CARE AWARE OFFICE OF RIVER
VALLEY**

July 25- Pre-Licensing Training 10:00-12:00: Learn about the rules and regulations for starting your own business.

**THURSDAYS: CHILD CARE AWARE OFFICE OF RIVER
VALLEY**

July 6- NO CLASS

July 13– Conscious Discipline Book Study By Dr. Bailey (Part 1) 10:00-12:00: This is a 4 part video series presented by Dr. Becky Bailey. The video will present the guiding principles of Conscious Discipline through this interactive presentation.

July 20– Conscious Discipline Book Study By Dr. Bailey (Part 2) 10:00-12:00: This is a 4 part video series presented by Dr. Becky Bailey. The video will present the guiding principles of Conscious Discipline through this interactive presentation.

July 27– Conscious Discipline Book Study By Dr. Bailey (Part 3) 10:00-12:00: This is a 4 part video series presented by Dr. Becky Bailey. The video will present the guiding principles of Conscious Discipline through this interactive presentation.

**FRIDAY: CHILD CARE AWARE OFFICE OF RIVER
VALLEY**

July 14– CPR and First Aid 8:00-12:30: For additional information, please contact us at (479) 751-3463 or visit our webpage at www.nwachildcare.org.





August 2017

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1 <i>Back to School Extravaganza—Reynolds Conference Room @ UAFS</i> 6:00-8:00	2	3 <i>Conscious Discipline Book Study By Dr. Becky Bailey (Part 4)</i> 10:00-12:00	4	5
6	7 <i>Supporting Children as Writers</i> 6:15-8:15	8	9	10 <i>Anger Issues For Adults—Part 1</i> 10:00-12:00	11	12
13	14 <i>Using Music to Support Literacy</i> 6:15-8:15	15	16	17 <i>Anger Issues For Adults—Part 2</i> 10:00-12:00	18	19
20	21 <i>Bridges Out of Poverty (Part 1)</i> 6:15-8:15	22 <i>Pre-Licensing Training</i> 10:00-12:00	23	24 <i>Anger: Recognizing And Managing Triggers</i> 10:00-12:00	25	26
27	28 <i>Bridges Out of Poverty (Part 2)</i> 6:15-8:15	29	30	31 <i>Anger in Young Children</i> 10:00-12:00		

AUGUST CLASS TOPICS AND DESCRIPTIONS

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MONDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Aug. 7– Supporting Children as Writers 6:15-8:15: During this workshop, participants will identify strategies to promote writing through the day and gain understanding of how children develop as writers.

Aug. 14-Using Music to Support Literacy 6:15-8:15: In this training, we will gain an understanding of how music supports literacy learning as well as acquire strategies for supporting literacy with musical activities throughout the day.

Aug. 21–Bridges Out of Poverty (Part 1) 6:15-8:15: Casey Landry, with the Fort Smith School District will be here to introduce a framework for understanding poverty and to review the skills, policies and procedures that will enable individuals, organizations, and communities to become more skilled in working with individuals who are in poverty.

Aug. 28–Bridges Out of Poverty (Part 2) 6:15-8:15: Casey Landry, with the Fort Smith School District will be here to introduce a framework for understanding poverty and to review the skills, policies and procedures that will enable individuals, organizations, and communities to become more skilled in working with individuals who are in poverty.

TUESDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Aug. 22- Pre-Licensing Training 10:00-12:00: Learn about the rules and regulations for starting your own business.

THURSDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Aug. 3– Conscious Discipline Book Study By Dr. Bailey (Part 4) 10:00-12:00: This is a 4 part video series presented by Dr. Becky Bailey. The video will present the guiding principles of Conscious Discipline through this interactive presentation.

Aug. 10– Anger Issues For Adults-Part 1 (Part 1) 10:00-12:00: Participants will discuss the definition of anger, learn to identify what triggers their anger and discover ways to redirect and control these feelings when they arise.

Aug. 17– Anger Issues For Adults-Part 1 (Part 2) 10:00-12:00: Participants will discuss the definition of anger, learn to identify what triggers their anger and discover ways to redirect and control these feelings when they arise.

Aug. 24– Anger: Recognizing and Managing Triggers 10:00-12:00: Emotions are actually the consequences of what you think about an event. Therefore, you can change your emotions by changing how you think in a variety of situations.

Aug. 31– Anger in Young Children– 10:00-12:00: We will define anger, its causes and discuss strategies such as communication and relationship building skills.





September 2017

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 NO CLASS	5	6	7 <i>Preventing Discipline Problems: Building a Prevention Strategy (Part 1)</i> 10:00-12:00	8	9 <i>Exploring Difference within Families Parts 1 and 2 (A Look at Culture and Diversity in Early Childhood Programs)</i> 8:30-3:30
10	11 <i>10 Steps to Positive Discipline</i> 6:00-8:30	12	13	14 <i>Preventing Discipline Problems: Supporting Transitions (Part 2)</i> 10:00-12:00	15 <i>CPR and First Aid</i> 8:00-12:30	16
17	18 <i>10 Steps to Positive Discipline</i> 6:00-8:30	19	20	21 <i>Preventing Discipline Problems: Nurturing Responsive Behavior (Part 3)</i> 10:00-12:00	22	23
24	25 <i>10 Steps to Positive Discipline</i> 6:00-8:30	26 <i>Pre-Licensing Training</i> 10:00-12:00	27	28 <i>New Skills For Frazzled Parents</i> 10:00-12:00	29	30

SEPTEMBER

CLASS TOPICS AND DESCRIPTIONS

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MONDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Sept. 4– NO CLASS

Sept. 11 - 10 Steps to Positive Discipline (Part 1) 6:00-8:30: Sandy Diamond will present the revolutionary discipline techniques of Dr. Becky Bailey, Ph.D., that will help with conflict resolution and solving problems you may encounter. This is a 10 hour training in 4 sessions.

Sept. 18 - 10 Steps to Positive Discipline (Part 2) 6:00-8:30: Sandy Diamond will present the revolutionary discipline techniques of Dr. Becky Bailey, Ph.D., that will help with conflict resolution and solving problems you may encounter. This is a 10 hour training in 4 sessions.

Sept. 25 - 10 Steps to Positive Discipline (Part 3) 6:00-8:30: Sandy Diamond will present the revolutionary discipline techniques of Dr. Becky Bailey, Ph.D., that will help with conflict resolution and solving problems you may encounter. This is a 10 hour training in 4 sessions.

TUESDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Sept. 26- Pre-Licensing Training 10:00-12:00: Learn about the rules and regulations for starting your own business.

THURSDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Sept. 7- Preventing Discipline Problems: Building a Prevention Strategy (Part 1) 10:00-12:00: This workshop shows how parents can identify prosocial behaviors that may change the dynamics at home. This strategy has three steps: plan, practice, and promote.

Sept. 14– Preventing Discipline Problems: Supporting Transitions (Part 2) 10:00-12:00: Transitions can be a challenge from one activity to the next, such as from home to school. Two key elements will be addressed: how transitions feel to children and what we can do to support them.

Sept. 21– Preventing Discipline Problems: Nurturing Responsible Behavior (Part 3) 10:00-12:00: During the training, we will discuss a strategy called shifting responsibility. This strategy gently challenges children to begin working out and solving some problems on their own

Sept. 28– New Skills For Frazzled Parents 10:00-12:00: The DVD by brain researcher Dr. Daniel Amen will explore parenting skills in a fun and practical way. “The instructional manual that should have come with your child.”

FRIDAY: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Sept. 15– CPR and First Aid 8:00-12:30: For additional information, please contact us at (479) 751-3463 or visit our webpage at www.nwachildcare.org.

SATURDAY: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Sept. 9– Exploring Difference within Families Parts 1 and 2 (A Look at Culture and Diversity in Early Childhood Programs) 8:30-3:30: This interactive workshop from Welcome the Children Project looks at how diversity in families, cultural competence, and an anti-bias approach can play a role in the early childhood setting. Come learn about the diversity of modern families, resources that can help you engage today’s families, and basic anti-bias principles.





October 2017

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 <i>10 Steps to Positive Discipline</i> 6:00-8:30	3	4	5 <i>Helping with Peer Pressure</i> 10:00-12:00	6	7
8	9 <i>Strategies that Support Phonological Awareness</i> 6:15-8:15	10	11	12 <i>Parenting a Strong Willed Child</i> 10:00-12:00	13	
15	16 <i>RV-ECA Meeting and Affects of Domestic Violence on Children</i> <u>5603 S. 14th St.,</u> 6:00-8:00	17	18	19 <i>Parenting Young Children with Love, Encouragement and Limits</i> 10:00-12:00	20	14 21 <i>Conscious Discipline Book Study</i> <i>By Dr. Bailey (Part 1 and 2) 9:00-1:00</i> <u>607 Porter Industrial Rd</u> <u>Clarksville, AR</u>
22	23 <i>Strategies that Support Phonemic Awareness</i> 6:15-8:15	24 <i>Pre-Licensing Training</i> 10:00-12:00	25	26 <i>Help! My Kids are Driving Me Crazy!</i> 10:00-12:00	27	28
29	30 <i>Setting a Clear Vision for Your Classroom</i> 6:15-8:15	31				

OCTOBER
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MONDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Oct. 2 - 10 Steps to Positive Discipline (Part 1) 6:00-8:30: Sandy Diamond will present the revolutionary discipline techniques of Dr. Becky Bailey, Ph.D., that will help with conflict resolution and solving problems you may encounter. This is a 10 hour training in 4 sessions.

Oct. 9- Strategies that Support Phonological Awareness 6:15-8:15: Phonological awareness is the ability to hear, identify and manipulate the sounds of spoken language. During this workshop, you will gain an understanding of phonological awareness as well as techniques you can use in your classroom. In addition, you will collect ideas for using chants, fingerplays, poetry, rhyming books and songs to incorporate into your teaching strategies.

Oct. 16– RV-ECA Meeting and Affects of Domestic Violence on Children 6:00-8:00: June La Mie will be presenting a training on domestic violence and give a tour of the facility. **This training will be held at the Crisis Intervention Center, 5603 S. 14th St., Fort Smith.**

Oct. 23– Strategies that Support Phonemic Awareness 6:15-8:15: Phonemic awareness is the ability to notice, think about, and work with the individual sounds (called phonemes) in spoken words. During this workshop, you will gain an understanding of phonological awareness as well as techniques you can use in your classroom. In addition, you will collect ideas for using chants, fingerplays, poetry, rhyming books and songs to incorporate into your teaching strategies.

Oct. 30– Setting a Clear Vision for Your Classroom 6:15-8:15: Imagine the childcare facility and classroom of your dreams, not just childcare that is “good enough”. From imagining how it could be to making those dreams a reality, this class will explore ways to equip directors and staff in setting clear goals and how to work together to make those goals a reality.

TUESDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Oct. 24— Pre-Licensing Training 10:00-12:00: Learn about the rules and regulations for starting your own business.

THURSDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Oct. 5-- Helping with Peer Pressure 10:00-12:00: This class will provide parents of teen-agers ways to positively guide their children through the problems associated with peer pressure.

Oct. 12 – Parenting a Strong Willed Child 10:00-12:00: Join us as we learn how to turn the negative attribute of being strong willed into a positive one. Plus, learn how to parent the child that pushes your buttons.

Oct. 19– Parenting Young Children with Love, Encouragement and Limits 10:00-12:00: This class teaches parents about setting limits, boundaries and routines to maintain a happy household.

Oct. 26— Help! My Kids are Driving Me Crazy! 10:00-12:00: In this workshop, we will share ideas and strategies for positive communication skills with your child. We will discuss factors that can affect your child’s behaviors as well as provide some skills and techniques that might assist you to manage and improve your child’s behavior.

SATURDAY: OZARK VALLEY DAY SCHOOL, 607 Porter Industrial Rd., Clarksville, AR

Oct. 21: Conscious Discipline Book Study By Dr. Bailey (Parts 1 and 2) 9:00-1:00: This is a 4 part video series presented by Dr. Becky Bailey. The video will present the guiding principles of Conscious Discipline through this interactive presentation. **This training will be held at Ozark Valley Day School, 607 Porter Industrial Rd., Clarksville, AR**





November 2017

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2 <i>Setting Limits Without Guilt by Dr. Bailey (Part 1)</i> 10:00-12:00	3	4 <i>CPR and First Aid</i> 8:00-12:30 <u>Conscious Discipline Book Study By Dr. Bailey (Part 3 and 4) 9:00-1:00</u> <u>607 Porter Industrial Rd</u> <u>Clarksville, AR</u>
5	6 <i>Using Literacy to Support Diversity</i> 6:15-8:15	7	8	9 <i>Setting Limits Without Guilt by Dr. Bailey (Part 2)</i> 10:00-12:00	10	11
12	13 <i>Getting the Most Out of Group Times</i> 6:15-8:15	14	15	16 <i>Discipline vs. Guidance</i> 10:00-12:00	17	18
19	20 NO CLASS	21	22	23 NO CLASS <i>Happy Thanksgiving</i>	24	25
26	27 <i>Using Literacy to Support Inclusion</i> 6:15-8:15	28 <i>Pre-Licensing Training</i> 10:00-12:00	29	30 <i>Positive Discipline A to Z</i> 10:00-12:00		

NOVEMBER
CLASS TOPICS AND DESCRIPTIONS

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MONDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Nov. 6- Using Literacy to Support Diversity 6:15-8:15: During this workshop, participants will explore and share their own ethnic/cultural backgrounds along with family histories using children's books and other literacy materials. In addition, participants will gain an understanding of how to incorporate families into the literacy curriculum.

Nov. 13- Getting the Most Out of Group Time 6:15-8:15: Is it a struggle to make it through circle time? Do you often find that you spend most of the time correcting behavior? This session will give tips and hints for making group times more successful for all!

Nov. 20-NO CLASS

Nov. 27- Using Literacy to Support Inclusion 6:15-8:15: Participants will learn about a range of special needs in children along with learning the meaning of inclusion; acquire strategies to help children express, share and celebrate their uniqueness as well as commonalities. Plus, participants will learn how to analyze children's books for biases and stereotypes.

TUESDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Nov. 28 - Pre-Licensing Training 10:00-12:00: Learn about the rules and regulations for starting your own business.

THURSDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Nov. 2- Setting Limits Without Guilt by Dr. Becky Bailey (Part 1): You will learn how to set limits and boundaries for your children through the use of Conscious Discipline techniques.

Nov. 9- Setting Limits Without Guilt by Dr. Becky Bailey (Part 2): You will continue to learn how to set limits and boundaries for your children through the use of Conscious Discipline techniques.

Nov. 16- Discipline vs. Guidance 10:00-12:00: We will discuss how to discipline children in a way that results in guiding them to a desired behavior and outcome.

Nov. 23- NO CLASS

Nov. 30- Positive Discipline A to Z 10:00-12:00: You will learn how to use positive discipline techniques, set boundaries and provide rules that the entire family can be successful practicing.

SATURDAY:

Nov. 4- CPR and First Aid 8:00-12:30: For additional information, please contact us at (479) 751-3463 or visit our webpage at www.nwachildcare.org.

Nov. 4: Conscious Discipline Book Study By Dr. Bailey (Parts 3 and 4) 9:00-1:00: This is a 4 part video series presented by Dr. Becky Bailey. The video will present the guiding principles of Conscious Discipline through this interactive presentation. **This training will be held at Ozark Valley Day School, 607 Porter Industrial Rd., Clarksville, AR**

****INCLEMENT WEATHER POLICY: IF FORT SMITH PUBLIC SCHOOLS ARE CLOSED, THE CHILD CARE AWARE OF RIVER VALLEY OFFICE WITH BE CLOSED.****





December 2017

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Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4 <i>Weather Report: Assessing Your Organization Climate and Classroom Structure</i> 6:15-8:15	5	6	7 <i>Manners Matter</i> 10:00-12:00	8	9
10	11 <i>Literacy Across the Curriculum</i> 6:15-8:15	12 <i>Pre-Licensing Training</i> 10:00-12:00	13	14 <i>How to Effectively Communicate with Your Child</i> 10:00-12:00	15	16
17	18 NO CLASS	19	20	21 NO CLASS	22	23
24 31	25 NO CLASS	26	27	28 NO CLASS	29	30

DECEMBER

CLASS TOPICS AND DESCRIPTIONS

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MONDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

**Dec. 4– Weather Report: Assessing Your Organization
Climate and Classroom Structure 6:15-8:15:** This class will explore some of the characteristics at the heart of good leadership in the early childhood setting. We will look at ways that the director and teachers motivate, build cooperation, and establish a base of mutual trust with individuals. Also, we will examine how directors and teachers can maintain balance between organization needs while keeping themselves growing, in control, and immune to the effects of “burnout syndrome”.

Dec. 11-Literacy Across the Curriculum 6:15-8:15: In this training, participants will learn ideas for teaching literacy while simultaneously addressing content, across many subject areas as well as develop practical lesson plans to use in their classroom.

Dec. 18– NO CLASS
Dec. 25– NO CLASS

TUESDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Dec. 12 - Pre-Licensing Training 10:00-12:00: Learn about the rules and regulations for starting your own business.

THURSDAYS: CHILD CARE AWARE OFFICE OF RIVER VALLEY

Dec. 7– Manners Matter 10:00-12:00: In this workshop, we will share tips with parents and child care providers for teaching our children essential social skills such as empathy, respect, cooperation, and kindness. We hope to provide you with the tools that you need to teach your children how appropriate behavior positively impacts them and others around them.

**Dec. 14– How to Effectively Communicate with Your Child
10:00-12:00:** This class is designed to help parents with their communication skills. Good communication is critical for a successful relationship with their children.

Dec. 21– NO CLASS
Dec. 28– NO CLASS

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CLOSED.****

