

## June 2008

June 3<sup>rd</sup> –25<sup>th</sup>, 2008 Dee Austin, Arkansas State PIRC

**Mending the Fragile Child:** A three-part mini-series dealing with children who have encountered a major trauma in their lives. The series covers a range of topics including separation, divorce, step/blended families, joint custody issues, and removal from the home. Special attention is given to the emotional trauma and long-term psychological impact on children. These are excellent for foster and adoptive parents as well.

June 5<sup>th</sup>, 2008 Evelyn Bass, AETN

**Early Childhood Reading:** This workshop teaches the importance of reading to young children and gives practical ways to make reading time fun. Each participant will receive a book to take with them to start the reading adventure.

June 12<sup>th</sup>, 2008 Carol Robinson, Arkansas Attorney Generals Office

**Bullying:** This workshop will focus on ways parents and teachers can deal with bullying, teasing, and taunting that our children experience today. Bullying and the effects it has on our children will be defined. Warning signs and ways teachers and parents can decrease these negative behaviors will be discussed as well.

June 19<sup>th</sup>, 2008 Carolene Thornton, PIRC/ CEP/ NWACCRRRC

**Blended Families:** More than 1,000 stepfamilies are created daily in the United States. This workshop will provide valuable resources for stepfamilies and identify common myths associated with them. Keys to effective co-parenting will also be discussed.

June 26<sup>th</sup>, 2008 Dr. Larry Ropp, Certified Identity Theft Specialist

**Identity Theft:** This workshop will share information on how identity theft happens. It will also discuss how to prevent identity theft and what to do if it happens to you.

## July 2008

July 8<sup>th</sup>-30<sup>th</sup>, 2008 Dee Austin, Arkansas State PIRC

**Special Needs Kids:** A four-part series addressing ADD/ADHD, the Strong-Willed/Manipulative Child, the Oppositional Defiant Child, and Autism/Aspergers Syndrome. These classes are designed to help parents gain insights into the special worlds of these children, and better understand how No Child Left Behind will affect their emotional and educational progress in school.

July 10<sup>th</sup>, 2008 Rachel Yates, NWACCRRRC

**Anger in Young Children:** This workshop will discuss what triggers anger in young children as well as ways to redirect their anger. Also discussed will be generational anger and how to separate the attitudes among the generations.

July 17<sup>th</sup>, 2008 Dr. Paul Batson, Camp War Eagle

**Mediation:** All families experience conflict. Mediation is one technique that can be used to defuse or deescalate anger and conflict in our homes. Many times these conflicts may need to be negotiated with the help of a professional mediator. Mediation skills can benefit all families and this workshop will be beneficial to all attendees.

July 24<sup>th</sup>, 2008 Stephen Svetz, Arkansas Attorney Generals Office

**Internet Safety:** This workshop will address safety concerns of internet uses for adults and children. Tips for staying safe on the internet will also be discussed in this workshop.

July 31<sup>st</sup>, 2008 Dr. James Marshall, University of Arkansas Extension

**The Parenting Journey:** Raising children is a challenging task! The Parenting Journey provides research-based tips and guides to help parents work more effectively with children. Great materials are available in this workshop.

## August 2008

August 5<sup>th</sup>-20<sup>th</sup>, 2008 Dee Austin, Arkansas State PIRC

**Right From Birth:** A three-part mini-series that will teach building skills to help form your child's foundation for life. It is designed specifically for parents of children from birth to two years of age.

August 7<sup>th</sup>, 2008 Amy Armstrong, NWACCRRC

**Early Childhood Guidance/Discipline:** This workshop will discuss developmentally appropriate practices concerning guidance/discipline techniques in young children. Setting limits and boundaries will be addressed. This workshop will also discuss the use of natural and logical consequences within guidance/ discipline techniques.

August 14<sup>th</sup>, 2008 Michelle Wynn, NWACCRRC

**Anger:** This workshop will discuss the many stresses and anger that we deal with daily. In this workshop we will share ideas and tips to assist with techniques and strategies to deal with day-to-day stresses and anger. We will share ideas to help you identify your trigger points and assist you with strategies to express your anger with a healthy attitude and voice.

August 21<sup>st</sup>, 2008 TBA

**Communicate to Prevent Divorce:** More than half of all marriages end in divorce and the majority of these involve children. This workshop will address communicating more effectively to help prevent divorce and prevent the effects of divorce on a family unit.

August 28<sup>th</sup>, 2008 Kathy Travis, Ozark Guidance Center

**If looks Could Heal:** This workshop will cover the power a parent's expression and example has on a child. It will explore how non-verbal communication can affect a child's actions and behaviors.